

Mental Health Nursing

NZNO Library resource guide



The New Zealand Nurses Organisation library has prepared a list of resources relating to mental health nursing, for use by members. This list offers sources of information that can be provided by the NZNO Library, or located via the internet. This service is available to NZNO staff and members.

Australian College of Mental Health Nurses (ACMHN)

The voice of the mental health nursing profession in Australia. The College is the peak professional mental health nursing organisation and the recognised credentialing body for Australia's mental health nurses.

<https://acmhn.org/>

The Canadian Federation of Mental Health Nurses (CFMHN)

A national voice for psychiatric and mental health (PMH) nursing in Canada. It is an associate group of the Canadian Nurses' Association (CNA), for which it provides expertise for the specialty in matters relating to mental health nursing.

<https://www.cfmhn.ca/>

Maori Mental Health

We are focused on enhancing the ways in which wellbeing is influenced through the distribution of opportunities and resources available in society. Māori leadership, workforce development, system reform and participation in health care provision is a high priority for Māori development and improving Māori mental wellbeing.

<https://terauora.com/our-work/maori-mental-health/>

Mental Health and Wellbeing Commission

The Commission must make sure that it effectively seeks and understands the views of Māori as tangata whenua, of people with lived experience of mental distress or addiction (or both) and the people who support them, as well as Pacific people, and other groups and populations who are at greater risk of experiencing poorer mental health and wellbeing.

<https://www.mhwc.govt.nz/>

Mental Health Foundation

A charity that works towards creating a society free from discrimination, where all people enjoy positive mental health & wellbeing.

<https://mentalhealth.org.nz/our-work/mhf-resources>

Royal College of Nursing. Mental Health

Mental health refers to the person's cognitive and emotional wellbeing, i.e. how they think, feel and behave. Approximately one in four people in the United Kingdom will have a mental health problem during their lives.

<https://www.rcn.org.uk/clinical-topics/mental-health>

Royal College of Nursing. Mental Health Nursing

Mental Health Nursing refers to the care of people of all ages experiencing mental illness or psychological distress. Conditions include mood and anxiety disorders, schizophrenia, eating disorders, psychosis and self-harm. Use this guide to find information resources about mental health including books, reports and journal articles

<https://www.rcn.org.uk/library/subject-guides/mental-health-nursing>

Te Ao Māramatanga New Zealand College of Mental Health Nurses

We are a professional body that represents mental health, addiction and disability nursing.

<https://nzcmhn.org.nz/>

Journal Articles

Analysis: Nurse directors set out challenges facing mental health sector

Ford, M.

Nursing Times. (2021, Oct)

Mental health nurses are now facing record levels of demand following a significant decline in referrals and admissions when coronavirus first hit last year, analysis by *Nursing Times* reveals.

<https://www.nursingtimes.net/news/mental-health/analysis-nurse-directors-set-out-challenges-facing-mental-health-sector-06-10-2021/>

Conflict management: A qualitative study of mental health staff's perceptions of factors that may influence conflicts with forensic mental health inpatients

Frederik Alkier Gildberg., Janni Petersen Fallesen., Dorit Vogn., John Baker., & Frans Fluttert *Archives of Psychiatric Nursing*. (2021, Oct.). 35(5), 407-41.

Internationally, clinical services are under pressure to reduce their use of restrictive practices. The aim was to explore how mental health nurses and nursing assistants perceive conflict and their use of restrictive practices with mental health inpatients in forensic mental health care.

Factors influencing nurses' choice to work in mental health services for older people

Krizia Ledesma-Libre

Kai Tiaki Nursing Research. (2019). 10(1), 61-62.

The aim of this study was to identify factors influencing nurses' choice to work in mental health services for older people (MHSOP) and to explore the perspectives of nurses who did not actively choose to work in MHSOP but who have stayed in this service.

Lean on me: The challenges and opportunities facing mental health nursing

Fedele, R.

Australian Nursing and Midwifery Journal. (2017). 25(2), 14-19.

As reform continues to shape Australia's mental health system, greater access to mental health nurses across all levels of healthcare is crucial. When allowed to work to their full scope, mental health nurses possess the ability to engage and connect with people while helping them drive their own recovery journeys.

Mental health diagnosis: Looking at a grey area through a critical lens

Nursing Times. (2021, Sept.)

This article takes a critical look at the positive and negative aspects of receiving a mental health diagnosis and alternatives to the medical model of diagnosis.

<https://www.nursingtimes.net/roles/mental-health-nurses/mental-health-diagnosis-looking-at-a-grey-area-through-a-critical-lens-20-09-2021/>

'Mental health nurse' an outdated term

Casey, H.

Kai Tiaki Nursing New Zealand. (2021, Sep). 27(8), 2.

The structural health reforms also provide the opportunity for nurses practising in mental health to think about their nursing role and identity, and how it impacts on services provided.

Mental health nurse consultants regain national platform

Mitchell, G.

Nursing Times. (2021, Oct.)

The expertise of mental health nurse consultants in England is being harnessed again at a national level, thanks to the reboot of a previously influential network. Nursing Times has spoken to those leading the Mental Health Nurse Consultant Forum about their ambitions for the group and the current challenges facing the mental health nursing workforce.

<https://www.nursingtimes.net/news/mental-health/mental-health-nurse-consultants-regain-national-platform-06-10-2021/>

More mental health nurses needed to meet proposed access guarantees

Baines, E.

Nursing Times. (2021, Jul.)

New proposals on improving access to mental health services in England will require investment in the nursing workforce if they are to be realised, mental health leaders have warned.

<https://www.nursingtimes.net/news/mental-health/more-mental-health-nurses-needed-to-meet-proposed-access-guarantees-26-07-2021/>

Opinion: Incapacitated by bureaucracy: A mental health nurse's perspective on the Australian mental health care crisis

Dawber, C.

The Queensland Nurse. (2015). 34(4), 36-37.

The release of the 2015 National Mental Health Review has highlighted concerns about the state of mental health care in Australia. On the same day the report was released, Dr Lesley Russell from the Menzies Centre for Health Policy observed "There is no 'mental health system' but a collection of services and programs with little evidence of value and with no clarity of roles and responsibilities" (Russell 2015)

Parity of esteem: what we have learnt from working with the 'other side'

Brown, D. P., & Arday, S.

British Journal of Nursing. (2021). 30(5), 317. doi: 10.12968/bjon.2021.30.5.317.

The authors describes the lessons learned from working as mental health nurses in acute hospitals in England.

Promoting recovery-oriented mental health nursing practice through consumer participation in mental health nursing education

Happell, B., Bennetts, W., Tohotoa, J., Wynaden, D., & Platania-Phung, C. *Journal of Mental Health*. (2019). 28(6), 633-639.

doi: 10.1080/09638237.2017.1294734. Epub 2017 Mar 14.

Recognition and management of agitation in acute mental health services: a qualitative evaluation of staff perceptions.

Tucker, J., Whitehead, L., Palamara, P., Rosman, J. X., & Seaman, K. *BMC Nursing*. (2020). 19(1), 1-10.

Agitation among patients is a common and distressing behaviour across a variety of health care settings, particularly inpatient mental health. Unless recognised early and effectively managed it can lead to aggression and personal injury. The aim of this paper is to explore the experiences of mental health nurses in recognising and managing agitation in an inpatient mental health setting and the alignment of these experiences with best practice and person-centred care.

<https://bmcnurs.biomedcentral.com/articles/10.1186/s12912-020-00495-x>

The role of psychiatric mental health nurse practitioners in improving mental and behavioral health care delivery for children and adolescents in multiple settings

Kumar, A., Kearney, A., Hoskins, K., & Iyengar, A. *Archives of Psychiatric Nursing*. (2020, Oct). 34(5). 275-280.

doi: 10.1016/j.apnu.2020.07.022. Epub 2020 Jul 18.

In this paper, we reflect on the ways that psychiatric-mental health nursing has yet to achieve the Future of Nursing 2020 goals as they apply to child and adolescent mental health, and offer a starting point for conversation about what goals need to be set for the decade ahead.

Structural competency in mental health nursing: Understanding and applying key concepts

Waite, R., & Hassouneh, D. *Archives of Psychiatric Nursing*. (2021, Feb) 35(1), 73-79.

doi: 10.1016/j.apnu.2020.09.013. Epub 2020 Nov 24.

The first half of the paper discusses structural competency and key concepts vital for its development, namely, structure, social influencers of mental health, equity, structural justice, and historical understanding. In the second half we apply structural competency to mental health nursing at the educational, practice and system levels and conclude with recommendations for change.

What Are the Core Competencies of a Mental Health Nurse? Protocol for a Concept Mapping Study

Moyo, N., Jones, M., Cardwell, R., & Gray, R. *Nursing Reports*. (2020, Dec). 10(2), 146-153. <https://www.mdpi.com/2039-4403/10/2/18>

Mental health nurses provide much of the direct care and treatment to patients with mental disorders. The perspectives of users of mental health services, mental health nurses, mental health nurse clinical leaders, psychiatrists, and mental health nurse academics regarding the core competencies of a mental health nurse are informative to improve the quality of care given to patients.

If you wish to visit the NZNO library please make an appointment to ensure staff are available to assist you.

NZNO Library

L3, Findex House; 57 Willis St, Wellington.

Phone: **0800 28 38 48**

Mail: **PO Box 2128, Wellington**

Email: library@nzno.org.nz

The NZNO library seeks to satisfy your information needs in the professional and industrial aspects of nursing.